

Saturday, July 21

J. H. J. W. Salmon, Clerk Judge.	Walhook
J. K. N. Koola, Clerk District Court.	Walhook
Judge J. B. Robertson, Dist. Magistrate.	Walhook
" " " " " "	Makawau
" " " " " "	Lahaina
" " " " " "	Honolulu
" " " " " "	Hana
" " " " " "	Kipahulu
" " " " " "	Molokai
" " " " " "	Lanai
L. M. Baldwin, Sheriff.	Walhook
" " " " " "	Walhook
W. H. King, Deputy Sheriff.	Makawau
C. R. Lindsay, " "	Lahaina
G. Wittrock, " "	Hana
G. Trimble, " "	Molokai
W. E. Saffers, Captains Police.	Walhook
S. Kaulana, " "	Mainaloa
M. Kaulanahana, " "	Lahaina
Lindsay, " "	Hana
F. J. Freary, " "	Molokai
C. H. Diehl, Tax Assessor.	Waikuku
W. T. Robinson, Deputy Assessor.	Walhook
W. O. Allen, " "	Lahaina
J. Dunn, " "	Lahaina
J. Gross, " "	Hana

average European human as at present constitute to be fully assured that it would be much easier for them 'to make the glory of Japan shine beyond the sea' (as the native phrase has it) by means of Canet gun

Capt. C. E. Woodruff, assistant surgeon in the army, makes some very clear statements concerning the tropical diet question, in the *Medical Journal*. Army officers have in some cases condemned canned beef unconditionally, on the ground that the real essence of the beef has been boiled out to make beef extract, leaving nothing nutritious behind. Such an idea is the result of ignorance, says Dr. Woodruff. It is not possible to boil out more than 2 per cent. of the nutrients in the meat, and those are the stimulating albuminoids. The real value of the meat as a foodstuff still remains. Dr. Woodruff recommends the establishment of government canneries, where goods can be put under proper inspection to insure high quality. He also thinks each soldier should have a small allowance of money each day to buy extras, such as fresh vegetables, etc. He approves the regular army ration but considers some extras as necessary. He believes the extensive use of alcoholic liquors among the soldiers to be the result of an unnatural craving due to undernourishment. He considers alcohol in moderation as a valuable food in the tropics, to restrain the excessive oxidation, which will make a man lose forty pounds in three weeks. He regards the recent law providing special cooks for the army as the most beneficent thing that has been done for the soldiers in many years.

The Risdon Iron Works of San Francisco and Honolulu, Thursday filed a suit on a lien against the Manila Sugar Company for the sum of \$15,335.75. The bond against the suit was \$30,000. The claim is for purchase price of pumping machinery, and the cost of setting it up.

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